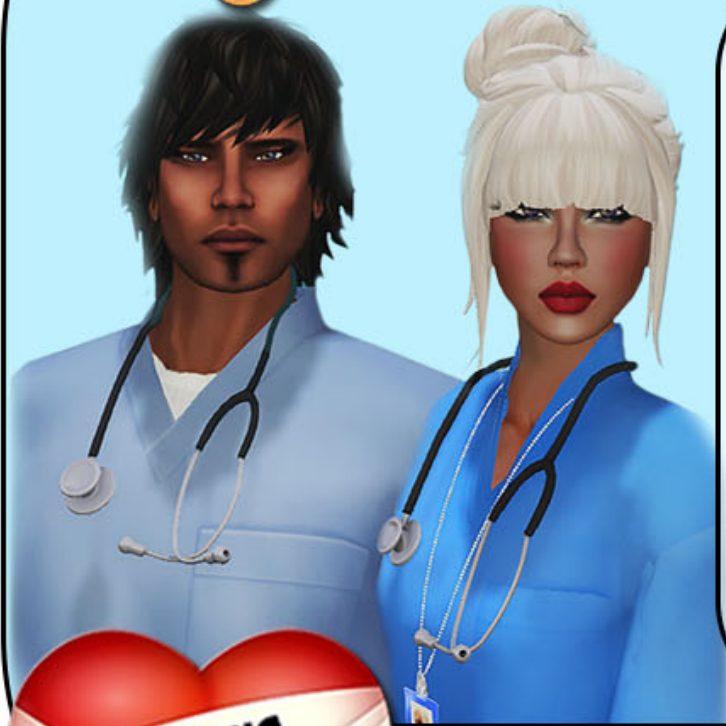


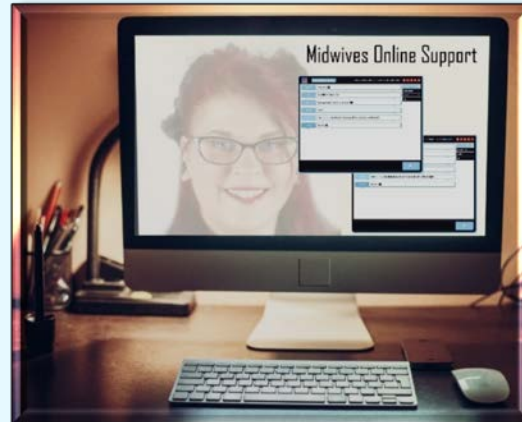
Involving an Expert Panel in the Development of an Online Intervention Designed to Support Midwives in Work-Related Psychological Distress Exploring the Outcomes of a Delphi study



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Midwives:

- Time limited
- Afraid to speak openly
- Mobile practitioners
- Reluctance to report
- Poor help seeking behaviours
- Experience Stigma
- Reports of inadequate support provision
- Other practitioner health programmes promote the need for specialist services

Could Online Support be the answer?

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A Two Round Online Delphi Study Begins



Inclusion Criteria's

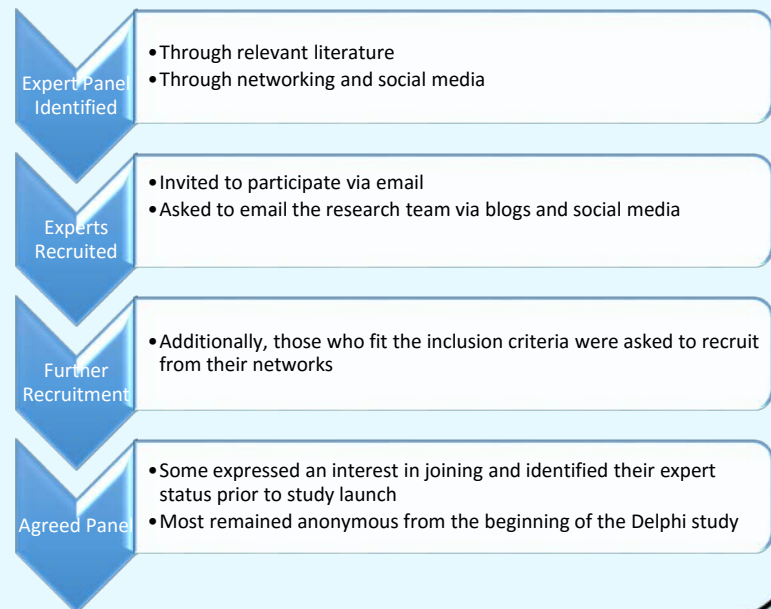
Either: A listed author in at least one publication relevant to:

- Midwifery
- Psychological Trauma
- Psychology
- Psychiatry
- Health Care Services

And/Or: Practical knowledge in:

- Midwifery
- Midwifery Education
- Research
- Therapies
- Health Services
- Staff Experience
- Patient Experience

Recruitment Process



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Recruitment Via Social Media

Get involved with my Research | #healthystaff4healthypatients
<https://healthystaff4healthypatients.wordpress.com/get-involved-with-my-research/>



LOCATION OF SOCIAL MEDIA ENGAGEMENT



Top Countries (clicks / % of total)

United Kingdom	283	67%
United States	30	7%
Sweden	14	3%
Ireland	12	3%
Netherlands	10	2%
New Zealand	9	2%
Germany	9	2%
Australia	8	2%
Spain	6	1%
Nigeria	5	1%
France	5	1%
India	3	0.7%
Canada	3	0.7%
South Africa	2	0.5%
United Arab Emir...	2	0.5%
European Union	2	0.5%

Facebook
59 clicks

Twitter
47 clicks 3 tweets

LinkedIn
3 clicks

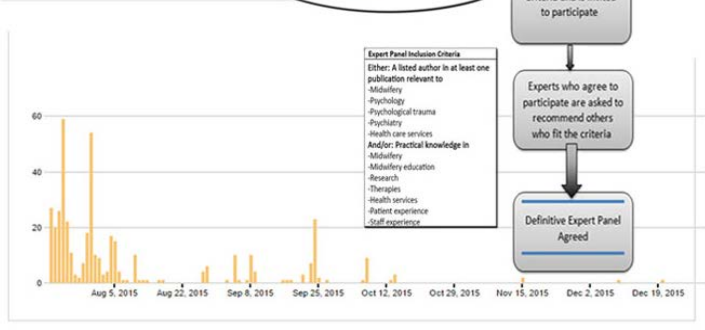
Other Sites
236 clicks

Unknown
77 clicks

Link shared:

<https://healthystaff4healthypatients.wordpress.com/get-involved-with-my-research/>

Recruitment VIA SOCIAL MEDIA & LITERATURE SEARCHING



Expert Panel Inclusion Criteria
 Either: A listed author in at least one publication relevant to:
 - Midwifery
 - Psychology
 - Psychological trauma
 - Psychiatry
 - Health care services
 And/or: Practical knowledge in:
 - Midwifery
 - Research
 - Therapies
 - Health services
 - Patient experience
 - Staff experience

Published Protocol:

Pezaro, S., & Clyne, W. (2015). Achieving Consensus in the Development of an Online Intervention Designed to Effectively Support Midwives in Work-Related Psychological Distress: Protocol for a Delphi Study. *JMIR research protocols*, 4(3), e107.

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Results: Defining the Consensus



"Amnesty is an ethical issue, particularly relating to criminal matters, however without it midwives may not feel able to disclose their concerns causing distress"

"People are not going to be fully revealing if they believe they will suffer as a result!"

"Anonymity would enable honesty and a true space to unburden"

"Many midwifery forums have concerns about posting online for fear of retribution by the NMC/public"

- 185 participants invited to participate.
- 66 (35.7%) of participants invited to contribute completed Round 1.
- 44 (66.6%) of those who contributed to round 1 went on to complete Round 2.
- Out of 39 questions posed over 2 rounds, 18 statements (46%) achieved consensus, 21 (54%) did not.
- Panellists were asked to assign a priority rating to each statement using a 7 point likert scale response.
- Panellists were also invited to make free text responses
- 1604 free text responses were collected and categorised into 2446 sentiments
- 442 overall themes

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Summary



What should be prioritised?

- Confidentiality
- Anonymity
- Mobile 24-hour access
- Effective moderation
- An online discussion forum
- Legal, educational and therapeutic components.
- Simple user assessments
- Directions to appropriate support

At no point did the expert panel agree that any of the statements were anything less than a moderate priority

Those asked to engage in moral decision making remained polarized and conflicted in opinion... **AMNESTY?**

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Thoughts welcome ☺

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