A healthy workforce: helping the NHS set a national example

Peter Walsh
January 2016
Delivering the Forward View commitment

- The Forward View made a commitment ‘to ensure the NHS as an employer sets a national example in the support it offers its own staff to stay healthy’
Our way of working

Creating the right environment to support health and wellbeing
Our way of working

Tailored offer

Creating the right environment to support health and wellbeing
Our way of working

Creating the right environment to support health and wellbeing

- Board and clinical leadership and engagement
- Helping line managers prioritise health and wellbeing
- Offering healthier food
Our way of working

Tailored offer

Creating the right environment to support health and wellbeing to individuals and groups

Tailored offer to individuals and groups

- Making the NHS Health Check available through workplaces
- Helping staff get the health services they need
- Increasing physical activity

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Expanding our programme

We’re working with twelve organisations as a proof of concept, and we’re looking to expand to work with more organisations in 2016/17.

The **planning guidance** asks all local commissioners and providers:

- “How are NHS and other employers in your area going to improve the health of their own workforce – for example by participating in the national roll out of the Healthy NHS programme?”

In the meantime local organisations can assess their readiness in this area through:

- The London Healthy Workplace Charter: [www.london.gov.uk/healthyworkplace](www.london.gov.uk/healthyworkplace)
Questions

• Is our offer sufficiently comprehensive and ambitious?

• How best can we support more organisations to deliver the full offer?

• How best can we share learning from the programme?
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