Making end of life care everybody’s business

Prof Ilora Baroness Finlay of Llandaff

Chair of Trustees
The National Council for Palliative Care
World Hospice and Palliative Care Day 2016

‘Living and dying in pain: It doesn’t have to happen’.

So why does it?

We know what to do but we are not doing it ALL THE TIME and EVERYWHERE.

www.dyingmatters.org
Vision:

Everyone who has palliative care needs or is approaching the end of life, dying or bereaved should receive the high quality care and support they need, where and when they need it.
What choices are important to me at the end of life and after my death?

- I want to be cared for and die in a place of my choice
- I want involvement in, and control over, decisions about my care
- I want the people who are important to me to be supported and involved in my care
- I want the right people to know my wishes at the right time
- I want support for my physical, emotional, social and spiritual needs
- I want access to the right services when I need them
- I want access to high quality care given by well trained staff
A new National Commitment

“Our commitment is that every person nearing the end of their life should receive attentive, high quality, compassionate care, so that their pain is eased, their spirits lifted and their wishes for their closing weeks, days and hours are respected”

Ben Gummer MP
Parliamentary Under-Secretary of State for Care Quality (2015-16)
The 6 commitments

1. Honest discussions
2. Informed choices about care
3. Personalised care plans for everyone
4. Opportunity to share your personalised care plans with your care professionals
5. Involvement of family, carers and people important to you in discussions about your care, to the extent you wish
6. Know who to contact at any time
7 themes

1. More **personalised care**
2. Improving **care quality**
3. Identifying and spreading **innovation**
4. **Leadership and commissioning**
5. Improving end of life care **education, training and workforce provision & planning**
6. **Partnership working**
7. Strengthening **accountability, measurement and transparency**
Ambitions for Palliative and End of Life Care: A national framework for local action 2015-2020

National Palliative and End of Life Care Partnership
Six ambitions to bring that vision about

01 Each person is seen as an individual

02 Each person gets fair access to care

03 Maximising comfort and wellbeing

04 Care is coordinated

05 All staff are prepared to care

06 Each community is prepared to help

“I can make the last stage of my life as good as possible because everyone works together confidently, honestly and consistently to help me and the people who are important to me, including my carer(s).”

National Palliative and End of Life Care Partnership
www.endoflifecareambitions.org.uk
## Ambition 6:
Each community is prepared to help

### Building blocks at a glance

<table>
<thead>
<tr>
<th>Compassionate and resilient communities</th>
<th>Public awareness</th>
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<tbody>
<tr>
<td>Public health approaches to palliative and end of life care need to be accelerated and support given to people and communities who can provide practical help and compassion.</td>
<td>Those who share our ambition should work to improve public awareness of the difficulties people face and create a better understanding of the help that is available.</td>
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<th>Practical support</th>
<th>Volunteers</th>
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<td>Local health, care and voluntary organisations should find new ways to give the practical support, information and training that enables families, neighbours and community organisations to help.</td>
<td>To achieve our ambition more should be done locally and nationally to recruit, train, value and connect volunteers into a more integrated effort to help support people, their families and communities.</td>
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Dying Well Community Charter

“Care for one another at times of crisis and loss is not simply a task for health and social care services but is everybody’s responsibility”

www.ncpc.org.uk
Find Me Help

Find Me Help is the UK’s most comprehensive directory of services for people in the last years of life, their families, carers and friends.

Find the organisations nearest to you: Postcode or location

Search »

Search our directory of National Services »

Add your organisation to the directory here »
Find out about the branded Find Me Help micro-sites we provide here »

Find Me Help has been funded by Macmillan Cancer Support and supported by a range of organisations.
NCPC Resources

The National Council for Palliative Care

Let's talk about it

I didn't know that

Caring for Carers

How would I know? What can I do?

Difficult Conversations

I didn't know that

Dying Matters
Community development

- Public health palliative care:
- Radical transformation of community support
- Working with communities and networks of support
- New relationships and ways of working

www.ncpc.org.uk
THE NATIONAL COUNCIL FOR PALLIATIVE CARE

WE ARE MACMILLAN CANCER SUPPORT

NHS England NHS Improvement

Building on the best

Topic Areas:
- Symptom control
- Outpatients
- Shared decision making
- Communication on handover

1) Guys and St Thomas’
2) Great Ormond Street
3) Doncaster and Bassetlaw
4) Leeds
5) East and North Herts
6) Worcester
7) Birmingham
8) Southport and Ormskirk
9) Poole
10) Basildon and Thurrock