



‘Living in a care home with dementia’

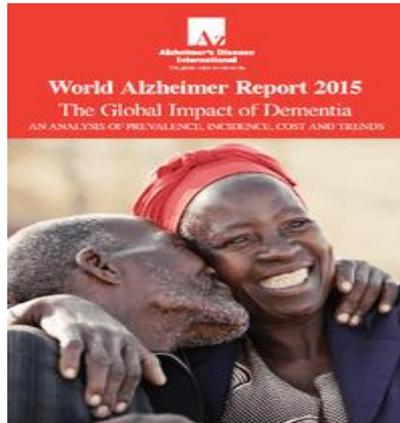
Professor Graham Stokes

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Dementia – a growing global health concern

People with Dementia	2015	2050
World	46.8million	131.5 million
United Kingdom	850,000	2.0 million



Care homes and dementia care in the UK

- 416,000 people in care homes in the UK (Laing and Buisson, 2016)
- Over 42% of care homes are registered as providers of specialist dementia care
- In England Alzheimer's Society (2013)* estimate 80% of people in care homes have dementia or significant memory problems
- More than 300,000 people with dementia live in care homes most with high dependency, challenging and end-of-life care needs
- 40% of all people with dementia in the UK

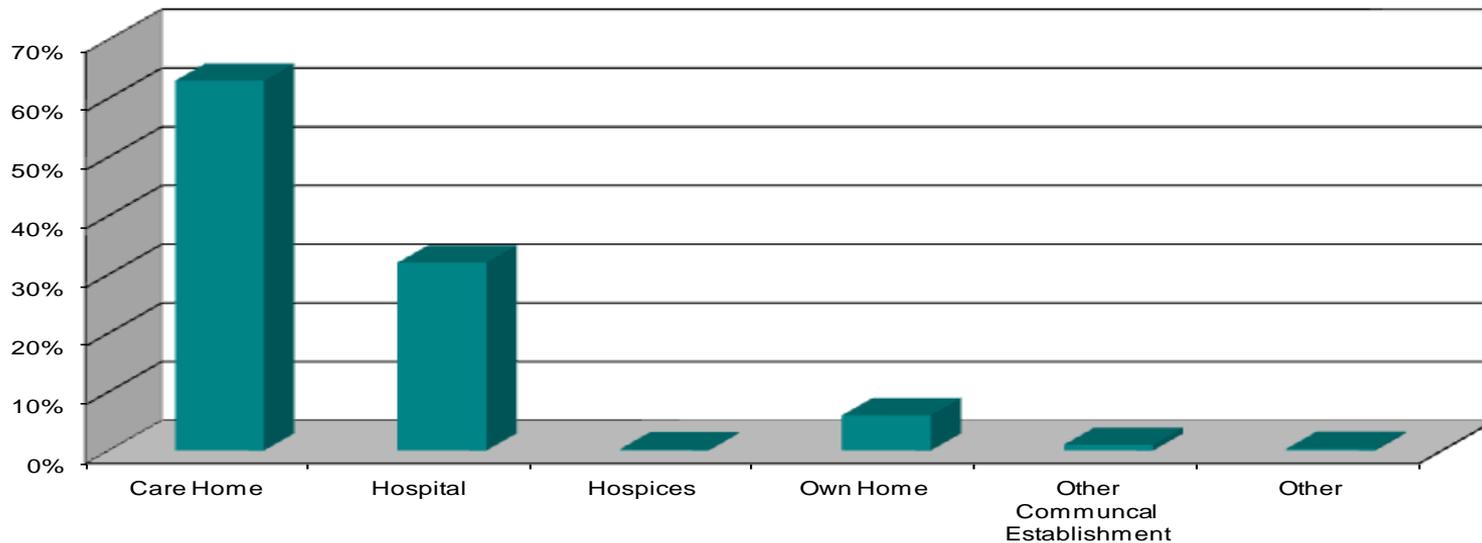


* Low expectations, Alzheimer Society 2013,

http://www.alzheimers.org.uk/site/scripts/download_info.php?downloadID=1024

Where people with dementia die in the UK

Deaths where dementia was the underlying cause (2012)

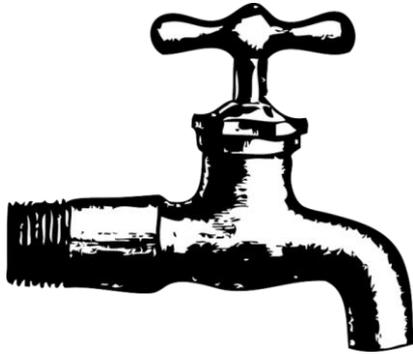


Simon Stevens, CEO NHS England, 2nd July 2014

“It would be a disappointment if in 30, 40 or 50 years’ time nursing homes still exist. I think we may find that nursing homes are a bit like TB beds were, they were particularly feature of the way care was provided in the latter part of the 20th century.

The combination of team-working, technology, and better social support, I hope means that they go the same way over time.”

It's all about the bathwater



The numbers
of people
diagnosed
with dementia

People living
with
dementia



Mortality

But what do we mean when we talk about dementia care?



It is caring for people whose brains are so damaged by disease their **dementia renders them incapable of taking responsibility for their hygiene, personal care and daily lives.** It is **caring for people whose judgement is so diminished** they cannot take responsibility for their actions and who as a result engage in unacceptable risks

... Except it is not ...

It's caring for people who do not know they need to be cared for.

When people with dementia know they need us, they need us least; when they need us most, they know they do not need us at all.

This is the challenge facing carers of people living with severe dementia?

People's expectations of care are low



Low Expectations (Alzheimer's Society 2013)

http://www.alzheimers.org.uk/site/scripts/download_info.php?downloadID=1024

- 68% of residents' relatives said quality of care was good.
- Less than half of relatives (41%) said the person with dementia had a good quality of life

There is only one reason why a person lives in a care home

To get a better life

The 11 hours

There is a distinction between quality of care and quality of life

It is not one and the same thing

Good care contributes to a person's quality of life and to think otherwise sets the bar far too low

A care home as a solution



No longer closed places, but working beyond the walls, engaging with the community, supporting primary and secondary healthcare
