Integrating mental health care in the West Cheshire Way

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The geography...
Our partners...
Nine integrated care teams…

- Speech and language therapists
- Occupational therapists
- Physiotherapists
- Community nurses
- District nurses
- Social workers
- Wellbeing co-ordinators
- Community matron
Investment

Re-design
What’s different? - PCMH
What’s different? – OPMH
What’s different? - Wellbeing co-ordinators
Impact - PCMH

- Improved triage
- Improved triangulation
- Early intervention
- Professional support
- Primary Care MUS Service
- Increased access
Impact - OPMH

- Increased dementia diagnosis
- Increased access to PH for MH patients
- Involvement in safeguarding
- Reduction in memory clinic waiting times
Impact – Wellbeing

- 50% reduction in GP appointments
- 17% reduction in ED attendances
- Reduction in case loads
Learning…

- Organisational commitment
- Improved professional relationships
- ‘our patients’
- Early identification
- Strong clinical leadership
- Continuous Improvement
- Building on existing resources
- Biopsychosocial model of intervention

Care • Well-being • Partnership