Why are we talking about intermediate care?

- **Key functions:**
  - Avoid unnecessary hospital admissions
  - Maximise independence after a stay in hospital
  - Prevent move to residential care

- **Know IC works**

- **Essential for patient flow and reducing DToCs, but…**

- **Inadequate capacity and waits increasing**
National Audit of Intermediate Care

- NAIC four iterations 2012 to 2015
- Will be funded by NHS England, NHS Wales and in Northern Ireland in 2017
- Partnership project with BGS and other professional bodies
- Examine variation and effective use of resources for intermediate care
- Introduction of service user questionnaires with standardised outcome measures
- Developed Patient Reported Experience Measures

Focus on quality and outcomes
Does IC work?

**NAIC 2015 change**

<table>
<thead>
<tr>
<th>Service</th>
<th>Change (2015)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bed</td>
<td>19.1</td>
</tr>
<tr>
<td>Home</td>
<td>4.2</td>
</tr>
<tr>
<td>Re-ablement</td>
<td>4.8</td>
</tr>
</tbody>
</table>

**Online toolkit has individual service and service user results**

**Bed: Change in modified Barthel scores**

2014 - 2015

**Re-ablement: Change in Sunderland scores**

2014 - 2015
Has investment increased?

- NAIC 2012: IC capacity needs to double
- No evidence of material increase in budgets nationally
- Re-ablement investment has decreased this year

**Commissioner budgets for IC per 100,000 weighted population (£m)**

- **Home based**
- **Bed based**
- **Re-ablement**

---

**Bar Chart:**
- 2013
- 2014
- 2015
Signs of pressure on capacity: waits

- Waiting times increasing trend
- Over 6 days in home based
- Waits for beds static: referral to commencement 3.0 days
- Re-ablement 8.7 days

Average waiting times from referral to assessment (days)
Relationship between staff contact and outcomes

- Service user audit suggests outcomes improve as number of staff types involved increases
- Consistent with research evidence on the effectiveness of multi-disciplinary teams
Registration now open for the NAIC 2017

- Participation is free to all commissioners and providers of intermediate care

- To register for the 2017 project please go to: http://members.nhsbenchmarking.nhs.uk/subscribe

- For help or further information, please contact Lucy Trubacik, lucy.trubacik@nhs.net - 0161 266 1333