The NHS Explained: how the health system in England really works
Week four: reading list

Brexit and the NHS

Brexit: the implications for health and social care
The King’s Fund
Explore the implications of Brexit on the NHS and social care in greater detail in our explainer.
https://www.kingsfund.org.uk/publications/articles/brexit-implications-health-social-care

What does the public think about the NHS and Brexit?
The King’s Fund blog
A look at polling data on public opinions about how Brexit will affect the NHS.

Effect on the NHS of the UK leaving the EU
House of Commons Library
This briefing was prepared as part of a parliamentary debate pack. It provides an overview on areas of the NHS which may be affected by Brexit.

How will Brexit affect health services in the UK? An updated evaluation
The Lancet
This paper explores the impact of Brexit on the NHS through the lens of four different scenarios for leaving the European Union.
https://doi.org/10.1016/S0140-6736(19)30425-8
Brexit and the NHS
The UK in a Changing Europe
This report takes a broad look at how Brexit will affect the NHS and public health.
https://ukandeu.ac.uk/research-papers/brexit-and-the-nhs

Leaving the EU: health and welfare of UK citizens and residents
House of Lords Library
This briefing was prepared for a House of Lords debate on the impact of Brexit on the health of British citizens following Brexit.

EU staff in the NHS: what has happened since the referendum?
Full Fact
Explore the facts behind the claim that there has been an increase in the number of EU staff in the NHS since the Brexit referendum.
https://fullfact.org/health/eu-staff-nhs-what-has-happened-referendum

NHS and social care workforce: implications of leaving the European Union
House of Lords Library
This briefing was prepared for a parliamentary debate on the impact of Brexit on the health and social care workforce. It provides an overview on the current health and care workforce and the potential implications of Brexit for staffing.
https://researchbriefings.parliament.uk/ResearchBriefing/Summary/LLN-2016-0039

Brexit and the health and social care workforce in the UK
National Institute of Economic and Social Research
This report looks at how Brexit has already and will continue to impact on the NHS workforce in the UK.

Brexit and medicines regulation
House of Commons Library
This briefing provides an overview of current medicines regulation in the UK and EU and how this might change after Brexit.
https://researchbriefings.parliament.uk/ResearchBriefing/Summary/CBP-8148

Brexit and the impact on patient access to medicines and medical technologies
Brexit Health Alliance
This briefing looks at how both UK and EU citizens’ access to drugs and medical devices after Brexit.
Brexit: medicines, medical devices and substances of human origin
House of Commons Health and Social Care Committee
This inquiry invited various companies, health care services and regulatory bodies in the UK to submit evidence on how access to drugs, medical devices and medical supplies will be affected by Brexit.

The impact of Brexit: patient access to medical research
Brexit Health Alliance
Up until now, there has been pan-European collaboration on medical research. How will this change for patients after Brexit?
https://www.nhsconfed.org/resources/2018/02/brexit-impact-patient-access-to-medical-research

Maintaining reciprocal healthcare for patients after Brexit
Brexit Health Alliance
How will UK and EU citizens’ access to health care be affected by the UK’s withdrawal from the European Union?
https://www.nhsconfed.org/resources/2017/10/maintaining-reciprocal-healthcare-for-patients-after-brexit

Brexit: reciprocal healthcare inquiry
House of Lords EU Home Affairs Sub-Committee
The report of this inquiry provides an assessment of whether the draft Brexit agreements address concerns around UK and EU citizens’ access to reciprocal health care.

Protecting the public’s health across Europe after Brexit
Brexit Health Alliance
There has historically been close collaboration between Britain and the EU on public health monitoring and protection. How will Brexit change our current collaborative public health approach?
NHS Long Term Plan

As you will have already learned in Week 4 of the course, the long term plan sets out the direction of travel for the NHS over the next decade. You can read the full plan on the NHS website.
https://www.longtermplan.nhs.uk

The NHS long-term plan explained
The King’s Fund
Our explainer focuses on providing an overview of the NHS Long-Term Plan in four key areas: improving services, resources, system priorities and implementation.
https://www.kingsfund.org.uk/publications/nhs-long-term-plan-explained

The publication of the long term plan
Nuffield Trust
This short briefing provides a broad overview of the long term plan and the ambitions outlined within it.

Investing in the NHS long term plan: job done?
The Health Foundation
What does the long term plan mean for the health and social care workforce in England and the level of activity in these services?

Implementing the NHS long term plan: ten key issues for the proposed legislative changes
NHS Confederation
In order to move towards greater collaboration in and across services, there are proposed legal changes that may be required to enable this ambition. This briefing outlines ten issues that legislative reform could help to resolve.
https://www.nhsconfed.org/resources/2019/05/ten-key-issues-for-the-proposed-legislative-changes

The NHS long term plan: 10 key public health points
Public Health England blog
What are the ten priorities for public health in the NHS long term plan?
https://publichealthismatters.blog.gov.uk/2019/01/08/the-nhs-long-term-plan-10-key-public-health-points
Health and social care integration
House of Commons Library
What is the history behind the drive towards integrated care? This briefing summarises the debates and policies around integration and why it is important.
https://researchbriefings.parliament.uk/ResearchBriefing/Summary/CPB-7902

What is integrated care?
Nuffield Trust
What is integrated care? What does it look like? And what are the concepts that underpin it?
https://www.nuffieldtrust.org.uk/research/what-is-integrated-care

Breaking down barriers to better health and care
NHS England
How are NHS organisations and local councils in England moving from fragmented services to local partnerships in order to meet the health needs of the population?

Integrated care: organisations, partnerships and systems
House of Commons Health and Social Care Committee
This report of a parliamentary inquiry explores how integrated care has been developing in England and what barriers need to be overcome to meet the ambitions of greater collaboration.

Shifting the centre of gravity: making place-based person-centred health and care a reality
Local Government Association
This report highlights what can be achieved with greater collaboration and partnership working between the NHS, local government, the charity sector, patients and the public.

What does improving population health really mean?
The King’s Fund
Population health is an approach that creates a shared sense of responsibility for health and wellbeing across many organisations and individuals. Find out more about what this looks like and areas in England that are currently taking this approach.
https://www.kingsfund.org.uk/publications/what-does-improving-population-health-mean

Making sense of integrated care systems, integrated care partnerships and accountable care organisations in the NHS in England
The King’s Fund
Want to know more about how integrated care will work in England after learning about it in Week 4? Take a look at our in-depth explainer.
Designing integrated care systems (ICSs) in England
*NHS England*
This guide explains how ICSs are managed, what they are responsible for and how they will work together to deliver integrated care in England.

Accountable care organisations
*House of Commons Library*
This briefing paper outlines the history and development of accountable care organisations in the NHS in England.
https://researchbriefings.parliament.uk/ResearchBriefing/Summary/CPB-8190

Primary care networks explained
*The King’s Fund*
A key part of the NHS long-term plan, primary care networks (PCNs) will bring general practices together to work at scale. But what are they? How are they funded and held accountable? And what difference will they make?

The NHS five year forward view: the seven models of care
*The King’s Fund*
The NHS five year forward view, published in October 2014 by NHS England, set out a positive vision for the future based around seven new models of care. Find out more about these new models of care.
https://www.kingsfund.org.uk/projects/nhs-five-year-forward-view

Technology and data

Digital transformation
*NHS England*
This page sets out NHS England’s work on digitising the NHS so that staff and patients care communicate better and access services more easily.
https://www.england.nhs.uk/digitaltechnology

Preparing the healthcare workforce to deliver the digital future
*Health Education England*
This review, also known as the Topol Review, sets out how the future health care workforce needs to be prepared to deliver care in a digital environment.
https://topol.hee.nhs.uk
Using information technology to improve the NHS
*Department of Health and Care*
This independent report, also known as the Wachter Review, provided advice to the government on the need for hospital services to digitise and how this could be implemented. [https://www.gov.uk/government/publications/using-information-technology-to-improve-the-nhs](https://www.gov.uk/government/publications/using-information-technology-to-improve-the-nhs)

The digital revolution: eight technologies that will change health and care
*The King’s Fund*
What are the eight technologies that have the potential to revolutionise how health and care are delivered in the NHS? [https://www.kingsfund.org.uk/publications/eight-technologies-will-change-health-and-care](https://www.kingsfund.org.uk/publications/eight-technologies-will-change-health-and-care)

What will new technology mean for the NHS and its patients?
*The King’s Fund, Health Foundation, Institute for Fiscal Studies and the Nuffield Trust*

Map of technology and data in health and care
*The King’s Fund*
This interactive map showcases how new technologies are being used in the NHS to achieve better outcomes or more efficient care. [https://www.kingsfund.org.uk/audio-video/technology-data-case-studies-map](https://www.kingsfund.org.uk/audio-video/technology-data-case-studies-map)

The state of care in independent online primary health services
*Care Quality Commission*
How have online GP and pharmacy services been performing in England in the last few years? This report brings together findings from inspections of these services and discusses the quality of care provided by online GP and pharmacy services. [https://www.cqc.org.uk/publications/major-report/state-care-independent-online-primary-health-services](https://www.cqc.org.uk/publications/major-report/state-care-independent-online-primary-health-services)

Powerful patients and paperless systems
*Centre for Policy Studies*
This report explores how a move towards a paperless NHS has the potential to help patients take more control of their own health and care. [https://www.cps.org.uk/research/powerful-patients-paperless-systems](https://www.cps.org.uk/research/powerful-patients-paperless-systems)

Thinking on its own: AI in the NHS
*Reform*
How can artificial intelligence and machine learning be used in the NHS to create more efficient services? [https://reform.uk/research/thinking-its-own-ai-nhs](https://reform.uk/research/thinking-its-own-ai-nhs)
NHS Constitution for England
*Department of Health and Social Care*

The constitution sets out rights for patients, public and staff. It outlines NHS commitments to patients and staff, and the responsibilities that the public, patients and staff owe to one another to ensure that the NHS operates fairly and effectively.


Third report on the effect of the NHS Constitution
*Department of Health and Social Care*

This report evaluates awareness and understanding of the NHS Constitution and the impact that it is having on the NHS.


The public and the NHS: what’s the deal?
*The King’s Fund*

What is the future of the relationship between patients, the public and the NHS? Our research looked at what people thought and how they think it should change to ensure that the NHS has a sustainable future.


A new deal with the public
*The King’s Fund*

Over 70 years on from the founding of the NHS, we reflect on its enduring popularity and whether we need to revisit the implicit “deal” – what people can expect from the service and what their obligations are in return – between the public and the NHS.


Shared responsibility for health: the cultural change we need
*The King’s Fund*

In this long read we argue that one of the biggest challenges facing the NHS is cultural. Specifically, the relationship between the public and the NHS, and between patients and the staff who care for them, needs to be transformed. As well as ensuring that the resources (funding and workforce) needed to deliver care are available, national and local leaders must work to fully engage patients and the public in improving health and care.


The NHS: are you satisfied with your health service?
*The King’s Fund podcast*

Do we expect too much – or too little – from the NHS? Should taxes increase to fix its problems? Helen McKenna talks about public satisfaction with the NHS with Ruth Robertson and Dan Wellings from The King’s Fund.

Public expectations of the NHS
The King’s Fund blog
In this guest blog, Bobby Duffy, formerly of the polling agency Ipsos MORI, explores public expectations of the NHS and other public services.
https://www.kingsfund.org.uk/blog/2018/02/public-expectations-nhs

Rekindling hope: the story of the Wigan Deal
The King’s Fund
This short documentary film looks at how Wigan has taken a different approach to providing health and care services. It is known as the ‘Wigan Deal’ and is based on the idea of building relationships to deliver services that truly meet the needs of people in the community.
https://www.kingsfund.org.uk/publications/wigan-deal#film

Are we expecting too much from the NHS?
The King’s Fund
This paper explores the public’s expectations of the NHS, the balance between meeting those expectations and living within a constrained budget, and the question of who is responsible for keeping us healthy.

How have public attitudes to the NHS changed over the past three decades?
The King’s Fund
If you want to know whether the British public has changed its views about health care over the past three decades, then there is no better place to look than the British Social Attitudes survey which has been run every year since 1983. Our long read takes a look at what this extraordinary trove of data tells us about trends in public attitudes and whether they have changed.
https://www.kingsfund.org.uk/publications/how-have-public-attitudes-to-nhs-changed

Got a question?
Get in touch with The King’s Fund library service. Whatever the question, our free enquiry service will soon have you up to speed.
https://www.kingsfund.org.uk/consultancy-support/library-services/ask-librarian

Ready for the next step?
If you’d like to discover more beyond The NHS Explained online course and want to dig deeper, take a look at our website: https://www.kingsfund.org.uk/health-care-explained/our-wider-work